

# CALLING ALL 4<sup>TH</sup> - 8<sup>TH</sup> GRADERS TRIATHLON INFORMATION

**ALL 4<sup>th</sup> - 8<sup>th</sup> graders will be traveling to the Skokomish Valley Friday June 4th at 10:30 and returning by 3:30** to participate in MCCS's Triathlon. Participants will bicycle 8 miles, run/walk 2.5 miles, then wade across the Skokomish River and back in knee deep water. We had a great time in the past and many students have asked if we could do it again. The cost for victory medals and food is **\$3.00** per student.

If your child is not able to participate by riding, running, and wading they are expected to join in by helping at a station or check point.

## **EVERY BICYCLIST IS EXPECTED TO WEAR A HELMET!!!!!!**

If your child doesn't have a bicycle or helmet and would like to participate, please let the office know as soon as possible so we can do our best to provide one for the student. If you have an extra helmet or bike, please let the office know so that we can help those that may not have one.

PARENTS, this event is going to need **a lot** of parent support. The day of the triathlon, we will need many helpers to pass out water, help at checkpoints, transport bikes and to help us make this a fun safe event. Mason County Sheriff and Fire Dept staff will be on hand for security and encouraging students all along the way.

If you have questions about this event, please call Terrie Manning at 360 877-5525.

Cut here and return form below and \$3.00 to your teacher by April 30<sup>th</sup>, 2010

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Student Name \_\_\_\_\_ Parent \_\_\_\_\_  
Phone \_\_\_\_\_

I will be doing the biathlon

I have an extra helmet

I will be able to help

I will not be able to help

My student has a bike & helmet

I have an extra bike

My student needs a bike & helmet

I have a truck or trailer to help transport bicycles

Comments \_\_\_\_\_

Thank you.